

# NORTH YORK SUPPORT SERVICES SENIORS HOTLINE



Do you or someone you know need support accessing services and resources? We are here to help. Please call us to discuss:

- MEALS ON WHEELS & GOOD FOOD BOX
- GROCERY DELIVERY
- TRANSPORTATION
- SEASONAL AND HOME MAINTENANCE
- VOLUNTEERS
- CAREGIVER SUPPORT
- PERSONAL CARE
- DAY PROGRAMS
- CASE MANAGEMENT/ SOCIAL WORK
- HOMEMAKING
- WELLNESS CHECKS
- RESOURCE NAVIGATION
- RECREATION
- VACCINE SUPPORT
- AND MORE

**CALL OUR HOTLINE AT: 416-447-5200**

